

# COACHING NOTES FROM COACHING CULTURE

## EPISODE 83 GROWING YOUR PROGRAM WITH WISCONSIN COACH OF THE YEAR JEFF BOOS



### Sun Prairie High School Basketball Wisconsin Coach of the Year

#### Aims for the Season

1. Build Stronger Connections with Player
  - 1 on 1 Meetings with Players
  - Open Door Policy
2. Build Stronger Connections with Parents
3. Grow as a Staff

#### Lessons Learned from this Season

1. Consistently instilling belief in the team.
2. Working more intentionally to build connections.
3. Allowing players opportunities to lead.
4. Back off, give player's autonomy to lead.

#### Strategies for Developing Emotional Intelligence

1. Starts with the coach managing their emotions.
2. Connecting with them and asking questions to help them become aware of their emotions.
3. Be ready to hold your coaches accountable

Advice for Coaches: Be ready to take criticism!

Interested in Mentorship and Culture Coaching?

Fill Out this Form: <https://forms.gle/mrLEAjKLUcjQgi4o8>

Or just schedule a call here: <https://calendly.com/thriveonchallenge>

# COACHING NOTES FROM COACHING CULTURE

## EPISODE 83 GROWING YOUR PROGRAM WITH WISCONSIN COACH OF THE YEAR JEFF BOOS



### Thrive On Challenge Mentorship and Culture Coaching

#### Mentorship Level 1

- Minimum 4 Month Commitment
- Bi-Weekly Calls
- Sounding Board via Text, Phone, or Email
- Activities, Guided Reading, and Exercises

**Starting at \$925**

#### Mentorship Level 2

Level 1 +

- Weekly Calls
- Practice and Game Film Review of the Coach
- Small Group Mentorship Program (Monthly Meetings)

**Starting at \$1925**

#### Culture Coach Level 1

- Culture Assessment: Team, Coach, and Parent Surveys
- 3 Days of On-Site Support
  - Practice Observation
  - Coach Workshop 2+ Hours
  - Team Workshop 90+ Minutes
  - Parent Workshop 60+ Minutes (If Applicable)
- Culture Report and Plan (PDF 15+ Pages)
- Monthly Skype Workshops for Staff & Players

**Starting at \$1575**

# COACHING NOTES FROM COACHING CULTURE

## EPISODE 83 GROWING YOUR PROGRAM WITH WISCONSIN COACH OF THE YEAR JEFF BOOS



### Culture Coach Level 2

Level 1 +

- Player 1 on 1 Meetings
- 5 days of Onsite Support
  - Coaching Retreat or 4 Hour Coaching Culture Workshop
  - Team Retreat
  - The Parent “Experience”

**Starting at \$3000**

JP Nerbun  
jpnerbun@thriveonchallenge.com  
Twitter: @jpnerbun  
thriveonchallenge.com

Nate Sanderson  
@CoachNSanderson  
Nate\_S@BreakthroughBasketball.com