

COACHING NOTES FROM COACHING CULTURE



EPISODE 118 BECOME MORE SUCCESSFUL BY CREATING AN EXPERIENCE THAT FEELS GOOD WITH GUEST JOHN O'SULLIVAN

Mentorship to Help You Transform Your Leadership: thriveonchallenge.com/mentorship/

Schedule a Mentorship Call with JP: calendly.com/thriveonchallenge/initialcall
With Nate: forms.gle/5f8VmQ5LM8uN1qJd9

Part III: How Does It Feel to Be Coached by Me?

Build Relationships with Each Person

"I made a huge mistake early on thinking that every player thought and acted like me, but I soon realized that there was a huge difference between how I thought and acted and how my team acted." -Jenny Levy UNC Women's Lacrosse Coach

"We have to be willing to do what is best for your team and it may mean they may never win." - Roy Williams

Part IV: "The Only Thing That Will Prevent You from Getting Better Is Thinking That You Know It All": A New Definition of Success

Success is Never Stop Learning

- Don't be afraid to say I screwed that up.
- Don't use other winning coaches behaviors that are highlighted on the news as justification for a certain way of coaching your players.

Redefine Success

- We are influencing future coaches.

"*Every Moment Matters* is the most complete and comprehensive book on Transformational Coaching to date. If a coach is to apply the principles and strategies from this book they would develop more skilled and intelligent athletes. More importantly they would improve their player engagement, enjoyment, relationships, and the character of everyone in their program including themselves. Every coach in the world needs to read this book." -J.P. Nerbun

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You can get one of the following 3 Systems

- Competitive Cauldron
- Talent Assessment
- Coaching Journal

Buy the Book “Every Moment Matters”

Email me the Receipt at jpnerbun@thriveonchallenge.com

Buy Calling Up + Every Moment Matters and get all 3 systems!

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